

THE GRINGO! GURO W. HOCK HOCHHEIM'S ESSENTIAL FILIPINO MARTIAL ARTS "THE VERY ESSENCE OF ARNIS, KALI, ESCRIMA MARTIAL ARTS"



LET IT BE KNOWN THAT:



PROFESSOR REMY PRESAS

THE RANKING SYSTEM

GOLD PHASE 1 GOLD PHASE 2 **BLUE PHASE 3 BLUE PHASE 4 GREEN PHASE 5 GREEN PHASE 6 BROWN PHASE 7 BROWN PHASE 8 BROWN PHASE 9** BLACK PHASES 10 AND UP COMPLETED THE MENTAL AND PHYSICAL COMBATIVE TECHNIQUES FOUND IN THE FIGHTING SYSTEMS OF THE PHILIPPINE ARCHIPELAGO FOR THE LEVEL OF ADVANCED MESTRUCTOR IN ESSENTIAL FILIPINO MARTIAL ARTS



GRANDMASTER ERNESTO PRESAS

THE GRUGO, W. HOCK HOCHHEIM

- FOUNDER, ARCHITECT
- 3RD DEGREE BLACK BELT, E. PRESAS ARNIS DE MANO
- 2ND DEGREE BLACK BELT, REMY PRESAS MODERN ARNIS
- VARIOUS RANKS AND INSTRUCTORSHIPS IN FMA CONCEPTS AND SYSTEMS



PRINCIPLE SOURCE: **GRANDMASTER ERNESTO PRESAS** FILIPINO KOMBATON/ARNIS DE MANO

INTERNATIONAL PHILIPPINE MARTIAL ARTS FEDERATION MANILA. THE PHILIPPINES

PRINCIPLE SOURCE: PROFESSOR REMY PRESAS MODERN ARNIS

ADDITIONAL SOURCES: GURO INOSANTO SYSTEMS AND HIS VARIOUS INSTRUCTORS

